



Excellence. Every Patient. Every Time.

Pulmonary Fibrosis Walk T-shirt Order Form

Name: _____

Phone Number: _____

T-shirt Size:

___ Adult SM ___ Youth SM

___ Adult MED ___ Youth MED

___ Adult LG ___ Youth LG

___ Adult XL ___ Youth XL

___ Adult 2X Large +\$2

___ Adult 3X Large +\$2

\$10 Per Shirt

All Sizes

Money and order forms Due
August 20th



Shirts are in Memory of Randy, Laura and Kathleen and will have their names incorporated on the sleeves

Number of Shirts _____

Pick up Ship

Flat Rate envelope (1-2shirts) \$8 Flat Rate box \$15 (3-8 shirts)

Total Paid _____

Address:

Pulmonary Fibrosis
Pulmonary Fibrosis
FOUNDATION
FOUNDATION

The Statcare Idiopathic Pulmonary Fibrosis Walk is going Virtual this year! We are planning on having the walk on Saturday September 26th. Time, Zoom log in and details of the Host location will be announced at a later time. Here are some ideas on how to participate in a virtual walk.

Log in to Zoom from anywhere!

- Home- Treadmill, elliptical, walk around the house, driveway or neighborhood. Log in on Zoom as you walk, take a picture or video to be uploaded/ shared.
- Park- Gather your friends and family or go alone and take a nice walk in the park or on a trail. Log in on Zoom as you walk, take a picture or video to be uploaded/ shared.
- Mall- Take a walk through the mall with friends and family. Log in on Zoom as you walk, take a picture or video to be uploaded/ shared.
- Gym- Use the gym equipment (treadmill) to walk and Log in on Zoom as you walk, take a picture or video to be uploaded/ shared.
- Bike- Take a ride on a bike from anywhere. Log in on Zoom as you ride, take a picture or video to be uploaded/ shared.
- The Beach- Take a walk on the beach. Log in on Zoom as you walk, take a picture to be uploaded/ shared.
- Car Ride- Don't want to walk? Decorate your car and take a couple of laps anywhere you would like. Put some decorations on your car to show your support. Have someone Log in on Zoom as you drive, take a picture or video to be uploaded/ shared.

The plan is to have a big projector so that we can all be seen through Zoom while at home or at the walk host location. The host location will also be available for a small amount of people to come walk in person with masks and social distancing or drive with your decorated car! We strongly suggest the virtual options but welcome you to come in person.

T-Shirt orders will be due by August 20th so that we can have shirts in enough time to pass out or mail to everyone before the Virtual walk. Also, September is Pulmonary Fibrosis month, so we want to be able to wear our shirts for awareness in September! We plan on having shirts ready for pick up/mail by September 7th.

Please contact Rilesha Holloway with any questions
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